



Announces a New
Parent Coaching Program:

Helping Children Succeed

w/ Parent Coach

William G. Nicoll, Ph.D.

What is a Parent Coach?

A Parent Coach works to assist parents with specific concerns regarding their children's behavior, school adjustment and family life. Parents are assisted in implementing practical, proven strategies for improvement. This Parent Coaching program is uniquely intended for parents who are concerned about their child's school progress and adjustment. This is an early intervention approach intended to get things "back on track" before the situation deteriorates further to the point of requiring more extensive therapy and remedial assistance. The Parent Coach will help you identify counterproductive parenting behaviors which may unknowingly be intensifying the problems and then help you to replace these with practical, proven strategies to improve your child's learning and behavior difficulties.

What is the "Helping Children Succeed" Parent Coach Program?

Parents register for a six session program consisting of a combination of three small group sessions (90mins each) and three individual parent consultation sessions (30mins.each). Groups consist of a maximum of 5 families. The group sessions will introduce parents to:

- 1) An assessment of their parenting style in relation to parenting strategies for school success.
- 2) A better understanding of child/adolescent behavior and effective discipline and motivation techniques
- 3) Practical strategies for fostering cooperative, responsible behavior and positive academic and social adjustment..

Who is the Parent Coach?

William G. Nicoll, Ph.D. is internationally renowned for his expertise on the role of family and classroom dynamics in children's academic and social adjustment as well as the characteristics of successful families. Bill has provided hundreds of training seminars and workshops for parents, teachers and mental health professionals nationwide and in over 50 countries around the world including nations in N. America, S. America, Europe, Africa and Asia. Dr. Nicoll was formerly the chair of the graduate program in Counseling at Florida Atlantic University and currently serves as a professor of counseling at FAU's Treasure Coast Campus. Bill is also Director of the Adlerian Training Institute, Inc. which provides training for teachers, mental health professionals and parent educators around the world.

Sessions: Six (6) week program with 3 evening group sessions & 3 individual family consultation sessions
Maximum enrollment of 5 families per parent coaching session.

Location: **1430 St Lucie West Blvd, Suite 103, Port St Lucie, Florida 34986**

Cost: \$225 per family / all inclusive fee (includes materials, 3 small group sessions & 3 individual sessions)

Registration: **To register contact the office of:**
Monica A. Nicoll, LMHC
Individual, Couples & Family Counseling
@ 772-785-6510

Helping Children Succeed

A Parent Coaching Program

Program Content & Schedule

- Week 1:** ***Family Dynamics and School Success: What every parent needs to know, but nobody ever told you.***
- School success/academic achievement: what really counts!?
 - Parenting styles and their effects on achievement and behavior
 - The Five Family Maintenance Tasks for effective parenting
 - Goal setting for each family
- Week 2:** ***Individual family consultation sessions*** (30 mins. per family)
- Week 3:** ***Constructive vs. Destructive Parent Discipline Strategies: Correcting children's misbehavior***
- Understanding your child's behavior: Why does he/she do that?
 - Avoiding problem maintaining parent/child relationship patterns: "spinning your wheels"
 - Strategies for raising responsible, cooperative children
 - Motivating vs. Discouraging parent-child interactions
- Week 4:** ***Individual family consultation sessions*** (30 mins. per family)
- Week 5:** ***Raising Resilient Kids: Strategies to improve Self Confidence, Achievement Motivation & Responsibility***
- Fostering Resilience in your child: what to do when "the going gets rough".
 - Parenting as a "Social Vaccine": immunizing your child from drugs, violence, school failure, delinquency, depression, etc...
 - Keeping your eye on the brass ring: Raising kids for success in life
 - Maintaining a healthy marriage while raising capable kids
- Week 6:** ***Individual family consultation sessions*** (30 mins. per family)

***1430 SW St. Lucie West Boulevard - Suite 103
Port St. Lucie, Florida 34986 - Tel: (772) 785-6510***